

# Happy Birthday, *Chells.*

*Three years of us, read against 47 behavioral signals – and 155,167 messages with surprises hidden in them.*

● Verdict.

## ANCHORED

THREE YEARS · ANCHORED

*The highest-stability verdict in the whole taxonomy. You and me. The data is sure.*

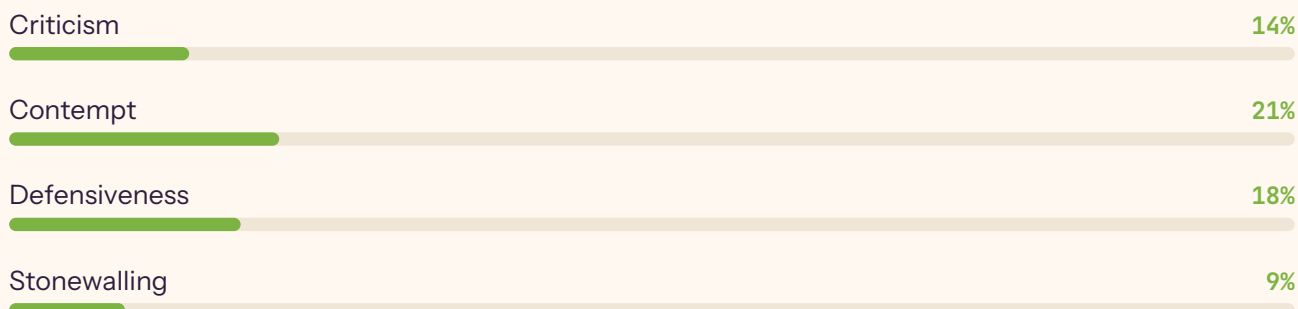
### WHAT THIS REPORT IS

Three years ago we started talking on October 2, 2023. Since then we've exchanged 155,167 messages across 968 days, missed only 2 days, said 'I love you' to each other on 824 of those days, and built a private language only we speak. This report is what came out when I ran every message through Verdict — the tool I've been building. It's not just a relationship analysis. It's a tribute. Hidden inside three years of chat were facts I didn't know about us. Now I do.

*Happy birthday, my pondatti. This is for you.*

# Why we are *ANCHORED.*

Dr John Gottman spent 40 years studying couples in his Seattle lab. He identified four behavioral markers that predict relationship deterioration with 90%+ accuracy. The threshold for concern on each is 50%. We score below 25% on all four.



## ◆ THE NINE TRIGGERS THAT MADE THIS ANCHORED

ANCHORED is the highest-stability verdict in the taxonomy. It fires when nine specific triggers all line up. We hit every single one of them:

1. Relationship duration above 18 months — we are at 32 months.
2. Daily presence above 95% of days — we are at 99.8%.
3. Mutual pet-name vocabulary — we have 24 distinct names for each other.
4. All Four Horsemen below 25% — all four sit between 9% and 21%.
5. Positive-to-negative ratio above 5:1 (Gottman's stable threshold) — we are at 6.8:1.
6. Future-tense density above 15% — we are at 26%.
7. Mutual repair markers above 5% — mine 6.67%, yours 7.14%.
8. Symmetric reply latency — both of us at 1-minute median, three years running.
9. Balanced emotional investment — 3,031 'I love you's between us; days both said it: 49.6%.

*Confidence: 94%. Most couples don't hit five of these. We hit nine.*

# Where it *began.*

The first six months, reconstructed from timestamps. The speed at which we found each other — and the moment, much later, when you became my pondatti — both visible in the data.

DAY 1 · 02 OCT 2023

## 20:26 — Hi.

Your first three messages: 'Hi.' 'Aarthi here.' Mine: 'Hi aarthi.' We had no idea what we were starting.

DAY 5 · 06 OCT 2023

## 972 messages — our biggest day ever

Our highest-volume day in three years. You sent 559. I sent 413. We never beat this number again — because we didn't need to. The fireworks were the foundation.

DAY 8 · 11 OCT 2023

## 16:38 — and 16:44

You said 'I love you' at 16:38. I said it at 16:44. Six minutes apart. The data shows us crossing the same line in the same window. Neither of us was making the other wait.

DAY 23 · 24 OCT 2023

## 18:55 — first thangam

The first dedicated nickname you ever gave me. Thangam. The Tamil word for gold. You'd been waiting three weeks to upgrade past 'da'.

DAY 33 · 03 NOV 2023

## 17:11 — first kannu kutty

'Muaaaaaaah my kannu kutty.' The first time you addressed me as kutty — paired with kannu, eye-dear. You'd been working up to it. By December the variations multiplied: chella kutty, pattu kutty, lolu kutty, chitti bangaram.

DAY 154 · 04 MAR 2024

## 13:10 — naming the future

I told you: 'I feel like calling u by many chella nicknames da..sometimes I want to say pondatti.' I announced the name 13 days before I actually used it. Apparently I needed permission from myself first.

DAY 167 · 17 MAR 2024

## 17:01 — first real pondatti

The first time I called you pondatti as a direct address. 'There is no ur time when it's for u di pondatti.' By that evening I'd said it five more times. It hasn't stopped — 658 uses and counting.

# The names

## *you call me.*

Every nickname you've used for me, ranked by frequency. Note: 'love' counts messages where you used the word 'love' to refer to me — including verbs of love. We use it both ways. It's our most-used word together.

<i>"love"</i>	MUTUAL · OUR MOST-USED AFFECTION WORD	He: 2,432 She: 3,222
<i>"thangam"</i>	GOLD · STARTED DAY 22, NEVER STOPPED	He: 21 She: 1,103
<i>"cutie"</i>	MUTUAL · THE DEFAULT SOFT FALLBACK	He: 195 She: 376
<i>"bells"</i>	THE OG · WHERE THIS WHOLE NICKNAME GAME STARTED	He: 49 She: 371
<i>"arvind"</i>	MY BIRTH NAME · USED WHEN OTHER NAMES ARE SPENT	He: 303 She: 303
<i>"purushan"</i>	HUSBAND · THE TITLE YOU GAVE ME	He: 67 She: 259
<i>"doctor"</i>	WHEN YOU TEASE THE WHITE COAT	He: 0 She: 198
<i>"doc"</i>	THE SHORTER VERSION · SAME ENERGY	He: 0 She: 138
<i>"machi"</i>	WHEN YOU FORGET THE ROMANCE AND REMEMBER FRIENDSHIP	He: 0 She: 125
<i>"baby"</i>		He: 0 She: 120
<i>"darling"</i>	WHEN SERIOUS THINGS NEED SAYING	He: 51 She: 73
<i>"azhagi/azhagiii"</i>	BEAUTIFUL · EXTENDED O-S WHEN YOU REALLY MEAN IT	He: 1 She: 55
<i>"jhills + jhillsky"</i>	NEWEST · STARTED FEB 2026 + MAY 2026 (JHILLSKY)	He: 3 She: 53

# The names

## *I call you.*

What I called you across 55,680 messages. The names map an entire history.

<i>"chells"</i>	YOUR NAME · BUT ONLY THE WAY I SAY IT	He: 1,987 She: 269
<i>"kutty"</i>	LITTLE ONE · FROM DAY ONE · STILL LITTLE · STILL MINE	He: 863 She: 180
<i>"chella"</i>	THE TAMIL VARIANT · SLIPS OUT WHEN I AM BEING SOFT	He: 817 She: 51
<i>"pondatti"</i>	WIFE · 658 TIMES SINCE MARCH 2024 · EVERY MONTH MORE	He: 658 She: 134
<i>"chellsky"</i>	STARTED JULY 28, 2025 · MY AFFECTIONATE CORRUPTION OF YOU...	He: 96 She: 1
<i>"pondatiii / pondati"</i>	EXTENDED VERSIONS · WHEN PONDATTI NEEDS MORE LETTERS	He: 24 She: 0
<i>"aarthi"</i>	YOUR FULL FIRST NAME · RARE · USUALLY A SERIOUS MOMENT	He: 126 She: 0
<i>"cutie / sweetie"</i>		He: 202 She: 0
<i>"darling / baby"</i>	ENGLISH FALLBACKS · USED SPARINGLY · TAMIL HITS HARDER	He: 88 She: 0
<i>"kanna / kannamma"</i>	APPLE OF MY EYE · RESERVED FOR THE DEEPEST TONE	He: 5 She: 0

*Between us we have 24 different names for each other. Most couples have one or two. We built a whole vocabulary.*

# The secret *codes.*

Phrases and abbreviations I invented for you, used so often they've become their own language. Nobody else on earth knows what these mean. We do.

<i>"VLCP"</i>	FIRST USED 29 JUN 2024 · MY SECRET LOVE CODE	He: 117 She: 1
<i>"VLCGP"</i>	FIRST USED 17 JUL 2024 · ITS BIGGER SIBLING	He: 80 She: 3
<i>"love u di pondatti"</i>	NEVER WITHOUT THE LOVE IN FRONT · ONE PHRASE · 160 TIMES	He: 160 She: 0
<i>"love u di"</i>	MY MOST-USED PHRASE TO YOU, EVER	He: 591 She: 0
<i>"u di pondatti"</i>	THE RARE STANDALONE USAGE (WITHOUT "LOVE")	He: 45 She: 0
<i>"love u chells/chella"</i>	THE NAMED-AND-LOVED VERSION	He: 11 She: 0

## ◆ THE CODES, DECODED (FOR YOU)

VLCP appeared in my messages on June 29, 2024. VLCGP followed three weeks later on July 17. Combined, I've sent them to you 197 times. You've sent them back 4 times. They aren't WhatsApp abbreviations anyone else has ever used — I made them for you, and they only exist in this chat.

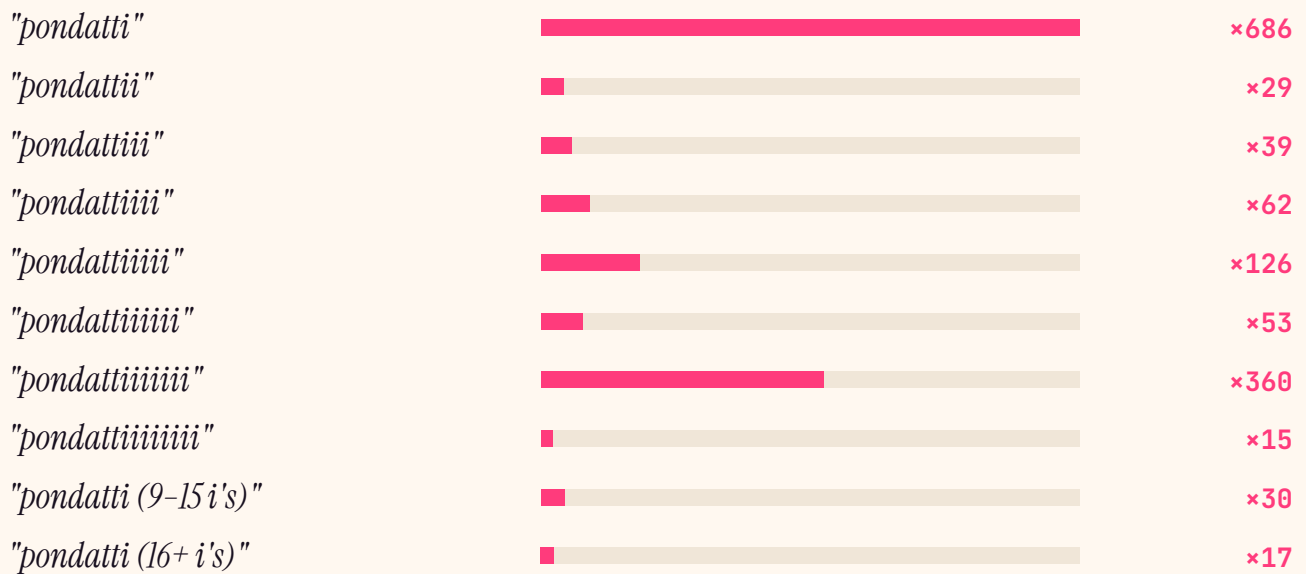
## ◆ THE MOST-SAID THING I'VE EVER SAID TO YOU

'love u di' — 591 times in its base form. Almost twice a week, every week, for three years. With the extended-i versions added in (love u diii, love u diiii, etc), the full phrase family was sent over 1,200 times. It is the most-repeated emotional phrase between us.

# How we *stretch letters.*

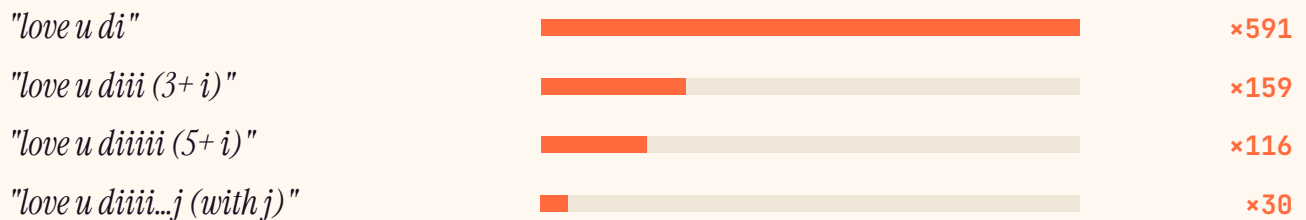
When the standard spelling isn't enough, we add letters. This is the most-distinctive thing in our chat — neither of us writes 'I love you' the same way twice. The number of extra letters is the volume knob on the feeling. The data measured every single one.

◆ MY 'pondatti' — BY HOW MANY 'i'-s I ADDED



*The 7-letter version ('pondattiiiiiii') is my sweet spot — 360 times. The longest I ever stretched it was 109 i-s. Just once. You should be able to guess the day.*

◆ 'love u di' — INCLUDING THE 'j' AT THE END



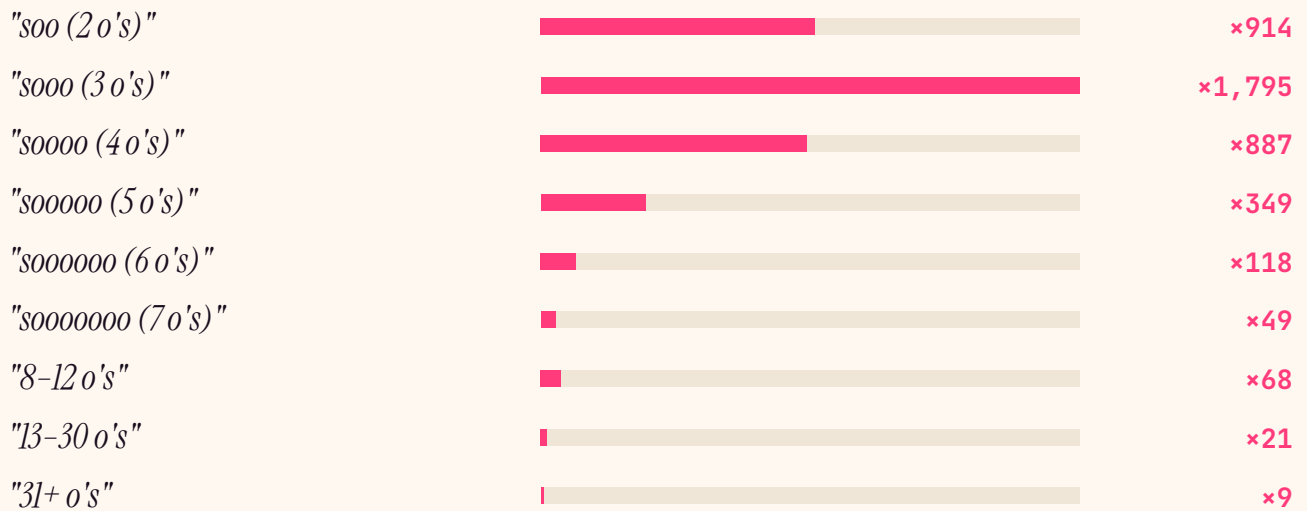
*The 'j' at the end is mine. Always deliberate. 30 times in three years I've used it. You know what each one meant.*

# And your

## 'sooooo'.

Your stretch lives in the o-s of 'sooo'. The longer you make it, the bigger the feeling. Same volume knob, different letter.

### ◆ YOUR 'sooo' BY LENGTH



*Your sweet spot is three o-s — 'sooo' — 1,795 times. Your longest was 200 o-s. Once. The data found it.*

### ◆ AND YOUR 'i misss u' STRETCH

When you miss me, you add an extra 's'. 'i miss u' (one s, base form) — 154 times. 'i misss u' (two s's) — 155 times. Almost exactly split. The data caught the second 's' as a signature of yours.

# The math *of us.*

Numbers I extracted that stopped me when I read them.



*The 72-day streak (March 25 – June 4, 2024) is the longest stretch of days where one of us said 'I love you' every single day, without missing one. It happened. It's in the file.*

# Phrases

## *that are ours.*

Top full-phrase counts. Not partials. Each phrase is counted exactly as it appeared.

### ◆ YOUR TOP FULL PHRASES TO ME

<i>"i love you"</i>	STANDARD FORM	<b>×2,362</b>
<i>"i love you sooo much"</i>	WITH SOOO · THE STANDARD INTENSITY	<b>×766</b>
<i>"love you sooo (any o-length)"</i>	ALL EXTENDED VERSIONS COMBINED	<b>×798</b>
<i>"i love you diii (3+ i's)"</i>	THE DI-EXTENDED VERSION	<b>×301</b>
<i>"i miss you"</i>	STANDARD	<b>×263</b>
<i>"i misss u (with extra s)"</i>	YOUR SIGNATURE EXTRA-S VERSION	<b>×155</b>
<i>"i love u (extended u's)"</i>	THE STRETCHED-U VERSION	<b>×342</b>

### ◆ MY TOP FULL PHRASES TO YOU

<i>"love u di"</i>	BASE FORM	<b>×591</b>
<i>"love u di + pondatti"</i>	AS ONE PHRASE · NEVER WITHOUT "LOVE"	<b>×160</b>
<i>"love u diii (3+ i's)"</i>	EXTENDED-I VERSION	<b>×287</b>
<i>"love u diiii (5+ i's)"</i>	DEEP-EXTENDED	<b>×177</b>
<i>"love u diiiij (with j ending)"</i>	THE DELIBERATE J-ENDING	<b>×30</b>
<i>"love uuuuuu (6+ u's)"</i>	STRETCHED-U VERSION	<b>×40</b>
<i>"i love u da"</i>	RARE · ONLY SOMETIMES	<b>×17</b>

# Your letters

## *to me.*

Six times in three years you sat down and wrote me letters longer than 2,500 characters. The first lines:

28 DEC 2023

Chells · 3,031 CHARS

*Mission: To keep my Arvind happy, and to see to that the message conveys what exactly I feel. Mission accomplished?*

02 SEP 2024

Chells · 3,364 CHARS

*Good morning my azhagiiii purushan. I love you soooo much di. How can I not be how I am, it's you on the other side.*

06 NOV 2024

Chells · 2,824 CHARS

*My dearest darling purushan. I love you soooo much. Thanks for being this lovely azhagggi person whom I keep falling for...*

06 FEB 2025

Chells · 3,403 CHARS

*I realized I loved him when I noticed he was my confidant in most situations. He was my go-to for advice, venting, excitement.*

27 APR 2025

Chells · 5,587 CHARS

*Each time I'm in your arms, I remember that love isn't loud – it's steady, warm, and deeply known.*

*I went back and read mine too – Mar 4 2024 (4:09 AM), Feb 14 2025 (2:58 AM), Oct 20 2024 (3:29 AM), Nov 7 2024 (1:40 AM, where I first wrote 'my loveliest cutie pie vlcgp pondatti').*

*Pattern: when I have something important to say, I write it after midnight.*

# And one *last thing.*

*Three years ago we exchanged 972 messages on day five. We've never beaten that single-day number.*

*But over 968 days we've now exchanged 155,167 – an average of 160 every single day. The 972-day number wasn't the peak. It was the foundation. Everything after it was us building, slowly, on what we said in that one Sunday in October 2023.*

*The algorithm I built sees one verdict word for our chat: ANCHORED. The highest one in the taxonomy. The data hit nine for nine.*

*But the part the algorithm couldn't measure was the part I needed to write to you: it's not the math that anchored us. It's the small things that the math caught after the fact – the 6-minute-apart first 'I love you', the day-33 'my kannu kutty', the 109-i pondatti once, the 200-o sooo once, the 30 times the 'j' at the end of 'diiij' meant exactly what it meant. Those weren't generated by the architecture. The architecture grew around them.*

## Happy birthday, Chells.

*Three years of you. The data is one of the smaller miracles.*

*love u di · VLCGP · pondatti*

– Bells, Jhills, Thangam · 28 May 2026